

IRONMAN NOVICE

DATE: December 10TH, 2016

LOCATION: CHOCTAW HIGH SCHOOL 14300 NE 10TH

Choctaw, OK 73160

WEIGH IN: Friday 6:00-7:30 pm (**everyone**)

Saturday 6:30 - 7:30am (**everyone**)

***** WRESTLERS MUST BE IN SINGLET DURING WEIGH IN - NO LATE WEIGH INS WILL BE ACCEPTED*****

START TIME: 9:00 am

ENTRY FEES: Enter online at OKWA.US GATE FEE: \$5 – Adults (no gate fee for kids 15 & under)

\$15.00 per entry. Make checks payable to Ironman Wrestling.

****Coaches/Coordinators pay for all entries at one time during weigh in. All wrestlers must be paid including no-shows and wrestlers not making weight****

DEADLINE: All entries must be received by 10:00 P.M. Thursday, December 8th, 2016.

CONTACT: Theresa Coleman 306-3957

Ironmanwrestling@gmail.com

AWARDS: Medals given to 1st through 4th

DIV I (6 AND UNDER): 37,40,43,46,49,52,55,60,66, HWT*

DIV II (8 AND UNDER): 43,46,49,52,55,58,61,64,67,70,75,83,90,105, HWT*

DIV III (10 AND UNDER): 52,55,58,61,64,67,70,73,76,80,85,90,100,110,120,131, HWT*

DIV IV (12 AND UNDER): 64,67,70,73,76,80,84,88,92,96,100,105,110,120,130,140,160, HWT*

DIV V (15 AND UNDER): 80,89,98,106,113,120,126,132,140,150,162,175,200, HWT*

285 LBS. WEIGHT LIMIT FOR HWT

Birth certificates will be required upon request. All divisions relate to age with a birthday cut-off as of September 1, 2014. Any age protest must be made prior to the start of the tournament.

FORMAT: Double elimination. Three man brackets will wrestle round robins. We reserve the right to combine weights to make full brackets if needed. All wrestlers must have shoe laces taped

COACH PASSES: As per OKWA guidelines.

